

Curricular Components Supporting EPA 2 For Pediatric Nephrology

Curricular Components That Support the Functions of EPA 2: Care of Children with Chronic Electrolyte and Kidney Disorders, Including Hypertension and Disorders of the Urinary Tract

- Applying important clinical, epidemiologic, and environmental knowledge to the care of children with chronic electrolyte and kidney disorders. This includes abnormalities of water, sodium, potassium, calcium, phosphorous, magnesium, acid-base and fluid balance, chronic kidney disorders, urinary tract disorders and hypertension
 - Performs a thorough history and physical examination when necessary and a focused history and physical
 examination when necessary
 - Formulates a broad differential diagnosis appropriate for children with chronic electrolyte and kidney disorders
 - Uses expertise and knowledge of pediatric kidney disease and renal physiology to narrow the differential diagnosis appropriately

Diseases/disorders generally within the scope of pediatric nephrology practice where the role of the pediatric nephrologist is to evaluate and manage include, but are not limited to

- Congenital anomalies/abnormalities of the kidney and urinary tract [CAKUT]
 - Kidney (e.g., multicystic dysplastic kidney, renal dysplasia, renal agenesis, inherited cystic kidney diseases including Polycystic Kidney Diseases, nephronophthisis)
 - Urinary tract (e.g., obstructive uropathy, posterior urethral valves, ureteropelvic junction obstruction, ureterovesical junction obstruction)
- Nephrotic syndrome (e.g., minimal change disease, focal segmental glomerulosclerosis, membranous nephropathy)
- Primary glomerulonephritidies (e.g., mesangial proliferative glomerulonephritis, C3 glomerulopathy, IgA nephropathy)
- Secondary glomerulonephritidies (e.g., post-infectious glomerulonephritis, IgA nephropathy, mesangioproliferative glomerulonephritis, membranoproliferative glomerulonephritis)
- Glomuleronephritis associated with systemic disease (e.g., Henoch Schonlein purpura, systemic lupus erythematosus, vasculitis, Goodpasture syndrome, diabetes)
- Hereditary glomerular diseases (e.g., Alport syndrome, Fabry disease, Nail-Patella syndrome)
- Thrombotic microangiopathies (e.g., Shiga toxin associated Hemolytic Uremic Syndrome (HUS), complement disorder associated HUS, post-Bone Marrow Transplant associated Thrombotic Microangiopathy, Thrombotic Thrombocytopenic Purpura)
- Essential hypertension
- Secondary hypertension (including renovascular causes)
- · Nephrolithiasis and nephrocalcinosis

Page 1 of 4



Curricular Components Supporting EPA 2 For Pediatric Nephrology

- Disorders of renal tubular function (e.g., Dent disease, glucosuria, nephrogenic diabetes insipidus)
- Syndrome of Inappropriate Anti-Diuretic Hormone
- Renal tubular acidosis
- Fanconi syndrome and causes (e.g., cystinosis)
- Pseudohypoaldosteronism type 1
- Bartter and Gitelman syndrome
- Disorders of vitamin D metabolism

Aspects of disease management generally within the scope of pediatric nephrology practice include:

- Initiation, monitoring and adjustment of medications for treatment
- Appropriate follow-up recommendations for monitoring disease progress
- Recognition of expected complications of disease and therapy
- Recognition and appropriate management of comorbidities seen with chronic kidney disease (e.g., anemia, metabolic bone disease, short stature, hypertension)
- Appropriate referral of patients approaching end stage renal disease (see Pediatric Nephrology EPA 3)

Problems/situations that generally require consultation where the role of the pediatric nephrologist is to recognize, provide preliminary evaluation and refer:

- Conditions that require co-management with pediatric urology (e.g., vesicoureteral reflux, nephrolithiasis, obstructive uropathy, patients requiring catheterization)
- Conditions that require co-management with pediatric rheumatology (e.g., systemic lupus erythematosus, pauci-immune vasculitis)
- Conditions that require co-management with genetics and/or metabolism (e.g., cystinosis, Fabry disease)
- Conditions that require co-management with cardiology (e.g., hypertension, congestive cardiac failure, pericardial effusion, aortic root dilation, vascular health)
- Conditions that require co-management with endocrinology (e.g., short stature, hypothyroidism)
- Conditions that require co-management with hematology /oncology: (e.g., chemotherapeutic medication nephrotoxicity, SIADH)
- Conditions that require co-management with surgery (e.g., suboptimal weight gain or fluid intake necessitating G-tube placement)
- Conditions that require co-management with reproductive endocrinology/gynecology (e.g., patients requiring medications that affect fertility)
- Conditions where co-management with either developmental-behavioral specialists and/or child psychiatrists is essential to address comorbid conditions

Page 2 of 4



Curricular Components Supporting EPA 2 For Pediatric Nephrology

- 2. Directing appropriate evaluation methods
 - Recommends or directly orders the appropriate laboratory tests to assist in diagnosis and treatment selection
 - Utilizes available kidney imaging modalities and recommends or orders the appropriate studies. These may include:
 - Ultrasound
 - Standard radiography and fluoroscopy (e.g., voiding cystourethrogram, computerized tomography [CT], magnetic resonance imaging [MRI])
 - Nuclear medicine studies
 - o Vascular imaging (Duplex ultrasound, CT or MR angiography, arteriogram)
- Initiating an effective treatment plan
 - · Recommends or directly arranges for both nonmedical and medical treatment.
 - Demonstrates familiarity with the indications for, dosing and monitoring of the following categories of medical treatment:
 - o Electrolyte and fluid replacement/treatments, including diuretics
 - o Immunosuppressive and immunomodulatory agents
 - o Antihypertensive medications
 - Other agents required in kidney disorders (e.g., phosphate binders, vitamin D analogues, erythropoiesis stimulating agents)
 - Incorporates proper recognition of prognostic and long term follow up/chronic issues for children with chronic electrolyte and kidney disorders
- 4. Recognizing the impact of chronic electrolyte and kidney disease on the physical, mental, and emotional development of the child in the context of the child/family unit and engaging allied health professionals to address adjustment issues
 - Explores and identifies effects and impact of chronic kidney conditions on the physical, mental, and emotional development of the child
 - Addresses the context of the family, community, and society in influencing and promoting the health and psychosocial outcomes of the child with CKD
 - Functions as part of a multidisciplinary team to promote the best psychosocial outcomes for these children
 - Knows that the essence of providing chronic care involves care delivery that is multidisciplinary, comprehensive, coordinated, accessible and patient-centered, meeting the medical, social, developmental, behavioral, mental health, educational, and financial needs of the patient and family
- 5. Providing effective care of such children through participation and/or direction of an effective interprofessional health care team

Page 3 of 4

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Curricular Components Supporting EPA 2 For Pediatric Nephrology

- Functions as part of a multidisciplinary team to manage pediatric patients with kidney disease (nurse, dietician, social worker, psychologist, play therapist, music therapist)
- Identifies conditions which require co-management with other pediatric subspecialists
- 6. Constructing and communicating appropriate follow-up plans and providing follow-up care as necessary
 - Formulates initial plan for evidence-based care and engages patient/family as well as other key team members in shared decision making
 - Communicates final plan effectively to patients, their families (taking health literacy and family values into account) and other members of the health care team
- Demonstrating caring, compassionate, empathetic, effective communication and principled professional behavior with patients, families, and the health care team in care of such children
 - Clearly states plans of care and documents appropriately for patients, families, and other members of the health care team
 - Encourages and responds effectively to questions about diagnosis, workup, and plan
 - Maintains and displays compassion toward patients and families
 - Interacts professionally with patients, families, and other members of the health care team at all times, in an atmosphere of mutual respect and collaboration
 - Provides empathetic care to patients and families
 - Maintains the highest levels of professionalism in interactions with patients, families, and members of the health care team

Curricular Components Author

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References

- The American Board of Pediatrics. Training Requirements for Subspecialty Certification. 2004. Available at https://www.abp.org/sites/abp/files/trainingrequirements.pdf.
- Federation of Pediatric Organizations Policy Statement. Pediatric Fellowship Training. Pediatrics 2004;114:295-296.

Page 4 of 4