



Entrustable Professional Activities

EPA 3 for Adolescent Medicine

EPA 3: Provide Preventative Health Care That Includes the Conditions Specific to the Adolescent and Young Adult Population

Supervision Scale for This EPA

1. Trusted to observe only
2. Trusted to provide care with direct supervision and coaching
3. Trusted to provide and coordinate care with indirect supervision for most simple and some complex cases
4. Trusted to provide care with indirect supervision but may require discussion of case details for a few complex cases
5. Trusted to provide care without supervision

Description of the Activity

Adolescents and young adults may present with conditions particular to their age group, including disorders of growth and development, gynecologic and sexual health issues, substance use and abuse, musculoskeletal problems, behavior and mental health problems, and nutritional and eating disorders. They may develop risk behaviors that contribute to their age-specific morbidity and mortality. A key role of the adolescent medicine specialist is to understand the guidelines for primary adolescent and young adult health care and offer preventive health care for patients who may be at risk for or be experiencing these unique conditions and behaviors.

The specific functions which define this EPA include:

1. Demonstrating knowledge of conditions and risk behaviors specific to adolescents and young adults, and then applying the guidelines and standards of care developed for preventive care, screening, evaluation, and management of these conditions (e.g., sexually transmitted infections (STI) screening and treatment guidelines, alcohol and other drug screening strategies, mental health screening, immunizations)
2. Demonstrating interviewing skills to aid in the elicitation of sensitive physical and mental health concerns from adolescents and young adults and their families, as appropriate, while paying particular attention to the issues of confidentiality and consent in adolescent health care
3. Performing general and specialized examinations (e.g., breast, testicular, female external genital and pelvic examinations, musculoskeletal examinations) in order to provide preventive health services and address complaints specific to the adolescent and young adult patient
4. Developing evidence-based management plans to treat adolescent specific diseases and conditions, addressing relevant preventive health issues
5. Counseling both patients and families to reinforce health prevention behaviors
6. Counseling and providing anticipatory guidance for both patients and families to reinforce health prevention behaviors
7. Monitoring and providing follow-up with adolescents and young adults, and their families, as appropriate



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8. Providing/recommending appropriate referrals to other health care providers (e.g., mental health providers, obstetricians/gynecologists, orthopedists, nutritionists) for evaluation and/or management of more complex conditions that require consultation or collaboration

Judicious Mapping to Domains of Competence

- ✓ Patient Care
- ✓ Medical Knowledge
- ✓ Practice-Based Learning and Improvement
- ✓ Interpersonal and Communication Skills
- Professionalism
- ✓ Systems-Based Practice
- Personal and Professional Development

Competencies Within Each Domain Critical to Entrustment Decisions*

PC 8:	Performing procedures
PC 10:	Providing health maintenance
MK 2:	Practicing EBM
PBLI 9:	Educating others
ICS 1:	Communicating with patients/families
ICS 2:	Demonstrating insight into emotion
SBP 7:	Advocating for the promotion of health

*Based on original Pediatrics Subspecialty Milestones ©2015 ACGME/ABP. All rights reserved.

Context for the EPA

Rationale: Adolescent Medicine physicians must possess the knowledge and skillset needed to offer high quality evidence-based **preventive health care services** to adolescent and young adult patients. This care includes primary care, vaccinations, reproductive health care and screening, treatment and referral as needed for physical disorders, eating disorders, mental health problems and risky behaviors commonly seen in this age group.

Scope of Practice: The patient population includes adolescents and young adults. Age range may vary, depending on the setting (certain practices may start at age 12 and end at age 18; others may extend the age range of young adults eligible for care up to age 25 years). School-based clinic and college health settings may also set their own age ranges, which are dictated by their systems.

Scope of practice will change with context. Some settings will be more primary-care focused; others may offer more specialized consultative care. Others may combine specialized consultative practice and primary care of adolescents. Nonetheless, Adolescent Medicine physicians will be expected to be skilled and knowledgeable



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about preventive health care, screening, and counseling to adolescent and young adult patients in whatever practice venue they find themselves.