Entrustable Professional Activities
EPA 1 for Adolescent Medicine

EPA 1: Provide Consultation for Adolescent and Young Adult Patients with Acute Physical and Mental Health Issues

Supervision Scale for This EPA

1. Trusted to observe only
2. Trusted to provide care with direct supervision and coaching
3. Trusted to provide care with indirect supervision and discussion of case details for most simple and some complex cases
4. Trusted to provide care with indirect supervision but may require discussion of case details for a few complex cases
5. Trusted to provide care without supervision

Description of the Activity

Adolescents and young adults present with acute physical and mental health conditions specific to their age group. Some are self-limited and require little or no intervention but can be a cause of distress to patients and families, others are easily diagnosed and treated, and others, when left unaddressed, greatly contribute to the mortality and morbidities experienced by this age group. A key role of the adolescent medicine specialist is to be able to assess and manage the full range of medical disorders as well as manage/co-manage the mental health disorders seen in this population.

The specific functions which define this EPA include:

1. Developing a knowledge base of acute physical and behavioral health conditions (to include mental health and substance use problems) and related risk factors for and etiologies of these conditions specific to adolescents and young adults and the guidelines and standards of care for the evaluation and management of these conditions
2. Performing specialized examinations (e.g., pelvic examinations, musculoskeletal examinations) to diagnose specific acute adolescent and young adult diseases, conditions, and injuries
3. Applying evidence-based guidelines and standards of care to the evaluation and management of these conditions in order to treat adolescent-specific acute medical and behavioral health disorders
4. Monitoring and providing follow up with adolescents, young adults, and their families and caregivers, as appropriate
5. Providing/recommending appropriate referrals to other health care providers (e.g., psychiatrists, gynecologists, orthopedists) necessary for adjunctive evaluation and/or management of more complex acute medical or behavioral health conditions
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Judicious Mapping to Domains of Competence

✓ Patient Care
✓ Medical Knowledge
  Practice-Based Learning and Improvement
✓ Interpersonal and Communication Skills
  Professionalism
  Systems-Based Practice
  Personal and Professional Development

Competencies Within Each Domain Critical to Entrustment Decisions*

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Context for the EPA

Rationale: Adolescent Medicine specialists must be able to identify and manage a set of acute medical issues in adolescents above what is expected of a general pediatrician. These acute issues are in the realms of reproductive health, mental health, and sports injuries.

Scope of Practice: The Adolescent Medicine specialist typically cares for patients between the ages of 10 and 25 years of age with some exceptions for younger and older ages depending on the availability of other experts in the community for particular diagnoses such as eating disorders and other mental health conditions. The Adolescent Medicine specialist provides both outpatient and inpatient care of common adolescent conditions. There is a spectrum of care provided by Adolescent Medicine specialists, from community primary care to inpatient tertiary care. This document is intended to address the scope of knowledge and skills of the Adolescent Medicine specialist who provides subspecialty care for acute problems for teens and young adults in the outpatient and inpatient settings. As such it focuses on common problems that an Adolescent subspecialist would manage and understand, while recognizing his/her own limitations and seek additional care from other subspecialties as needed.