

## APPENDIX O: Themes and Best Practices Identified in the Literature for Short-Term Global Health Engagement

The table below summarizes themes identified in the literature (obtained from a collective literature search performed by manuscript authors pertaining to preparation recommendations for providers across all specialties) and provides examples of recommendations to address those themes. For the citations pertinent to each recommendation, refer to the original manuscript.

LOGISTICS AND SAFETY	PREPARATION RECOMMENDATIONS IN THE LITERATURE
<b>Personal Health (physical and mental)</b>	<ul style="list-style-type: none"> <li>• Review basic and site-specific health precautions related to international travel and working in different clinical settings (eg, malaria prophylaxis, water and food safety, post-exposure prophylaxis, occupational exposures, recreational exposures [including sexually transmitted infections], pre-travel immunizations, and health insurance).</li> <li>• Consider personal medical and psychiatric history, as exacerbations of physical and mental illness are common during GH experiences.</li> </ul>
<b>Safety</b>	<ul style="list-style-type: none"> <li>• Research safety issues and travel warnings pertinent to the host site.</li> <li>• Create strategies for risk reduction, including for transportation, environment, food, risk-taking behaviors, and recreational activities, and emphasize that local laws (eg, seatbelts, restricted areas) apply to all visitors. If applicable in the training institution or partnership, consider signing a risk reduction agreement.</li> <li>• Identify emergency contacts, register with the local embassy, enroll in the Smart Traveler Enrollment Program (STEP), and develop an evacuation plan (including evacuation insurance) in the event of a natural disaster, political unrest, or personal emergency.</li> <li>• Recognize the importance of personal protective equipment (PPE), even in areas with resource limitations, and pack PPE supplies.</li> <li>• Review pertinent guidelines regarding occupational exposures, such as needlesticks.</li> <li>• Share in-country travel plans and emergency contacts with the host institution.</li> </ul>
<b>Travel Logistics</b>	<ul style="list-style-type: none"> <li>• Identify passport, visa, and customs requirements.</li> <li>• Arrange in-country transportation, money exchange plans, phone and internet communication, and housing (including alternative options).</li> <li>• Pack appropriate supplies.</li> </ul>
<b>Medical Licensure</b>	<ul style="list-style-type: none"> <li>• Contact the host site and the government to determine requirement for licensure, work visas, and registration to provide clinical care.</li> </ul>
<b>Malpractice Insurance</b>	<ul style="list-style-type: none"> <li>• Determine personal malpractice coverage while working internationally and in-country insurance recommendations.</li> </ul>