Curricular Components That Support the Functions of EPA 5: Provide a Medical Home for Well Children of All Ages

1. Demonstrating knowledge of normal physiology, epidemiology, and standards of practice for the major age groups including neonates, infants, toddlers, school-age children, adolescents, and individuals transitioning to adult care including:
   - Normal patterns of growth and principles of growth curves
   - Nutrition, dietary transitions, and indications for vitamin supplementation
   - Normal motor, language, and cognitive developmental milestones
   - Normal socio-emotional and behavioral health
   - Immunization schedule, common side effects, and contraindications
   - Age-appropriate screening per the Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) guidelines
   - Anticipatory guidance around normal growth behavior and development, parenting and prevention as well as major causes of morbidity and mortality

2. Establishing a highly effective therapeutic relationship with patients and families
   - Demonstrates strong relationship building through listening, verbal narrative, and nonverbal communication skills
   - Demonstrates effective education and counseling of patients and families
   - Cultivates a partnership with the patient and family while respecting patient privacy and autonomy and maintaining appropriate professional boundaries
   - Demonstrates integrity, honesty, compassion, and empathy in one’s role and accepts responsibility for patient care including continuity of care
   - Demonstrates sensitivity and responsiveness to patients’ and colleagues’ gender, age, culture, disabilities, ethnicity, and sexual orientation

3. Identifying a specific patient and family needs by implementing a comprehensive assessment of patient and family
   - Gathers a thorough, reliable, and efficient history and establishes a broad base of information about the patient that is appropriate for the scope of the visit
   - Completes an accurate, problem-directed, and properly sequenced physical exam that elicits even subtle findings
   - Judiciously and effectively uses diagnostic and therapeutic procedures and tests
   - Integrates medical facts and clinical data, weighing alternatives, understanding limitations of knowledge, and incorporating consideration of costs, risks, and benefits
• Demonstrates the ability to analyze and synthesize all the clinical/laboratory data and resource information in the context of the particular patient

• Demonstrates appropriate reasoning and decisiveness while considering patient and family preferences

4. Addressing specific patient and family needs by identifying appropriate resources and accessing and coordinating them to ensure optimal patient care

• Identifies and manages acute and chronic illnesses and understands when to involve subspecialists and community-based support services

• Recognizes complex medical and social needs of a patient and family, and facilitates group communication (with all agencies, specialists, health professionals involved) to develop and monitor comprehensive care plans

• Develops networks and cultivates information sources among professional colleagues in the institution and the local community and initiates referrals appropriately

• Effects comprehensive patient care by coordinating a multidisciplinary approach with any identified necessary resources (e.g., educational, dental, psychological, developmental, and social)

• Communicates and collaborates with community resources, agencies, and health professionals to provide support and services for patient and families

• Demonstrates clear, cogent, continuous communication as the primary care provider and health care team leader for multidisciplinary care

• Demonstrates curiosity in exploring new ideas and seeks alternative solutions to problems in the context of the patient and family preferences, and the community setting and resources available

5. Optimizing the primary care of the patient by implementing quality standards befitting a medical home

• Effectively uses technology to seek out current information from published sources, computerized literature searches, and reputable web sites, in order to optimize patient care and guidance

• Constantly evaluates own performance and incorporates feedback into improvement activities

• Effectively uses systematic approaches to reduce errors and improve standard of care for patients

• Exercises accountability and commitment by timely and accurate completion of medical records

• Participates and assists in developing systems improvements leading to seamless collaboration and communication

Curricular Components Authors

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